

## Frequently Asked Questions Regarding Laser Hair Removal:

### **What are the benefits of laser hair removal over other methods of hair removal?**

Unlike shaving, waxing, depilatories and plucking, laser hair removal provides a long-term growth delay and permanent hair reduction. Laser hair removal is fast and effective. Where electrolysis treats a single hair at a time, laser hair removal can cover large areas rapidly.

### **What does laser hair removal feel like?**

Laser hair removal is typically a very tolerable procedure. On a scale of 1-10 most patients rate it a 3 or 4. The procedure is often likened to a rubber band snap. Certain areas may be more sensitive and your physician may recommend the use of a numbing cream prior to treatment.

### **How long does treatment usually take?**

Depending on the area to be treated, laser hair removal can take only a few minutes or over an hour. The most commonly treated areas, bikini line, upper lip, chin, & underarms typically require less than 20 minutes for treatment.

### **Can I return to work and normal activities immediately?**

Yes you can return to work and normal activities immediately. After laser hair removal, the treated site may feel like mild sunburn for 24 hours or more. Slight redness and swelling surrounding the hair follicles is normal and is actually an indicator of a good clinical response. Although irritating preparations (glycolic acid, retinoids etc.) should be avoided, make-up can be applied to the treated area shortly after treatment.

### **How does laser hair removal work?**

The laser energy is absorbed by the melanin pigment, in the hair follicle and converted into heat. The heat injures the hair follicle preventing its ability to produce hair.

### **Who can be treated?**

The Light Sheer is safe and effective for all skin types. Laser hair removal is most effective on darker hair. Patients with light blonde, grey, or white hairs to be removed are not good candidates for laser hair removal.

### **How many treatments will be required?**

Every patient is different. Our practice cannot promise that each patient will achieve any level of permanent hair reduction, however, on average most patients can expect to achieve a 50-90% permanent reduction in the number of hairs following a full course of treatment.