

# BRIGHTEN & GLOW AT-HOME FACIAL



## **Step 1**      **AHA/BHA Exfoliating Cleanser**

Moisten skin with warm water. Apply with damp fingertips and lightly scrub with small circular motions for 2 minutes. Rinse thoroughly with warm water. Pat dry.

## **Step 2**      **Dermal Repair Cream + HA5<sup>®</sup> Rejuvenating Hydrator**

Make your own hydrating mask. In a small bowl, combine a small scoop of Dermal Repair Cream with 2 pumps of HA5<sup>®</sup> Rejuvenating Hydrator and mix well. Apply to your entire face. Wear as a mask for 10 minutes. Remove with a damp washcloth.

Multi-masking option: Apply **Instant Bright Eye Mask** to hydrate and refresh the eye area while wearing your hydrating mask. Remove patch from backing. Apply gel side down to under eye area and press firmly onto the under eye, smoothing out the edges. Ensure mask lies firmly onto the skin. Gently peel from face. No need to rinse.

## **Step 3**      **TNS Essential Serum<sup>®</sup>**

Dispense 1 pump on the back of your hand and blend together. Apply to your entire face (neck and chest, if desired) to support skin rejuvenation.

## **Step 4**      **Lytera<sup>®</sup> 2.0 Pigment Correcting Cream**

Apply 1 pump to your entire face (neck and chest, if desired) to address stubborn skin discoloration.

## **Step 5**      **AHA/BHA Cream**

Apply a pea-sized amount to the face and gently massage into skin to exfoliate and enhance skin tone and texture.

## **Step 6**      **Dermal Repair Cream**

Apply a pea-sized amount all over your face and gently massage into skin for intense skin hydration.

## **Step 7**      **Instant Bright Eye Cream**

Apply ½ pump adjacent to and beneath the eye area and eyelids to re-energize and refresh the eye area.

## **Step 8**      **Essential Defense Mineral Shield<sup>™</sup> Broad Spectrum SPF 32 (Tinted)**

Liberal apply to your entire face (neck and chest, if desired) to protect against damaging UVA and UVB rays.



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**Sunburn alert:** AHA/BHA Exfoliating Cleanser and AHA/BHA Cream contain an alpha-hydroxy acid (AHA) that may increase the skin's sensitivity to the sun and particularly the possibility of sunburn. Patients should use a sunscreen, wear protective clothing, and limit sun exposure while using these products and for a week following discontinuation.

Most SkinMedica® products are intended to meet the FDA's definition of a cosmetic product, an article applied to the human body to cleanse, beautify, promote attractiveness, and alter appearances. These SkinMedica® products are not intended to be drug products that diagnose, treat, cure, or prevent any disease or condition. These products have not been approved by the FDA, and the statements have not been evaluated by the FDA.

SkinMedica® Essential Defense Mineral Shield Broad Spectrum SPF 32 Tinted/ PA++++ Sunscreen is an over-the-counter drug product that is formulated and marketed pursuant to FDA's governing regulations set forth at 21 CFR Part 352.

The PA rating system is used in Japan to classify UVA protection and is not an FDA requirement on sunscreens sold in the U.S.

